



Emergency Shelters

High Barrier: Requires drug/alcohol testing
Low Barrier: No drug/alcohol testing

Single Adults (18+) (Without Children)

House of Charity

Men Only/Low Barrier

32 W. Pacific Ave., Spokane: 509-624-7821

Check-in from 7-8 p.m.

Truth Ministries of Spokane

Men Only/Low Barrier

1910 E. Sprague Ave., Spokane: 509-456-2576

Check-in from 6-7 p.m.

Union Gospel Mission

Men Only/High Barrier

1224 E. Trent Ave., Spokane: 509-535-8510

The Way Out

Men and Women/High Barrier

55 W. Mission Ave., Spokane: 509-866-5476

REAL-TIME SHELTER CAPACITY AT

ShelterMeSpokane.org

Homeless Families (With Minor Children)

Catholic Charities of Eastern WA *Low Barrier*

Must call to get a referral to shelter: 509-325-5005

Family Promise of Spokane *Low Barrier*

2002 E. Mission Ave., Spokane: 509-723-4663

Must call for shelter space availability

The Salvation Army *High Barrier*

222 E. Indiana Ave., Spokane: 509-326-7288

Union Gospel Mission for Women and Children

Women and Children Only/High Barrier

1515 E. Illinois Ave., Spokane: 509-535-0486

YWCA *Low Barrier*

Fleeing Domestic Violence (with or without minor children)

Must call to get a referral to shelter: 509-326-2255

Youth/Young Adult Shelters

VOA Crosswalk for Teens - also a day drop-in center

Low Barrier, ages 12-17 only

525 W. 2nd Ave., Spokane: 509-688-1112

Open 24/7 for day and night services

VOA Young Adult Shelter *ages 18-24 Low Barrier*

3104 E. Augusta Ave., Spokane: 509-309-3744

Open daily, 7:30 p.m.-7:30 a.m.

DROP-IN AND GENERAL ASSISTANCE CONTINUED

Health and Hygiene

DSSH/Community Services Office

Help with food, medical and housing benefits

8517 E. Trent Ave., Spokane 509-227-2770 *OR*

1313 N. Maple St., Spokane 877-501-2233.

Hours: Mon - Fri, 8 a.m.-5 p.m.

Food Bank Hours: Tues - Fri, 9 a.m.-Noon & 1-4:30 p.m.

Providence Community Clinic

Walk-in medical assistance for homeless/uninsured

32 W. 2nd Ave., Spokane: 509-626-9825

Hours: Open Mon/Tues/Thurs/Fri, 8 a.m.-5 p.m.

Closed for lunch from 12:30-1:30 p.m.

CHAS Street Outreach/Mobile Medicine:

509-481-3004 *OR* 509-710-1471

Veteran Services Outreach Team (Goodwill):

509-828-2449

Youth & Young Adult Street Outreach Team (VOA):

509-279-5809 *OR* 509-216-3425

SNAP County Outreach:

509-505-7648

Day Drop-In Centers and Food Banks

Spokane Dream Resource Center
Food and Clothing Bank
10814 E. Broadway Ave.,
Spokane Valley 509-927-1153
Food Bank Hours:
Mon - Fri, 9 a.m.-3 p.m.
Clothing Bank Hours:
Tues - Fri, 10 a.m. - 3 p.m.
Our Place
Food Bank, Day Drop-In
1509 W College Ave, Spokane
509-326-7267
Drop-in hours:
Wed, 3:30-6 p.m.
Thurs, 10 a.m.-12:30 p.m.
Cup of Cool Water
Day Drop-In, Youth & Young Adult, Age 14-24
1106 W. 2nd Ave, Spokane
509-747-6686
Hours: Mon - Thurs 1-4 p.m.
Tues/Thurs, 6:30-8:30 p.m.
City of Spokane Navigation Center
Day Drop-In, Primary Care Services
1527 S Cannon St
509-507-4624
Hours: 7 days/week 8:30-5:30p.m.

Homeless/Housing Assistance

Please contact any of the following for resources if you need assistance to remain in your home or if you live outside/in your vehicle and need assistance with housing referrals through coordinated entry:

Spokane Valley Housing and Homeless Coordinator:
509-703-0925
Frontier Behavioral Health Outreach Team:
509-867-4555/509-850-6157

Spokane Neighborhood Action Partners (SNAP)

Households without children, 18+

212 W. 2nd Ave, Spokane.

Walk-in Hours: Mon/Tues/Wed/Fri, 8:30 a.m. & 1:30 p.m. *OR*

call one of these three phone numbers:

509-828-3149; 509-202-3830; 509-385-1860

Catholic Charities

Households with minor children, age 17 and under

Phone appointments only: 509-325-5005

Goodwill Industries

Must be currently receiving aged, blind or disabled services

through Dept. of Social & Health Services

202 E 3rd Ave, Spokane: 509-462-0518

Call for info on walk-in hours

Spokane Resource Center

Multiple providers at one site; assistance getting a free phone on Tues/Thurs

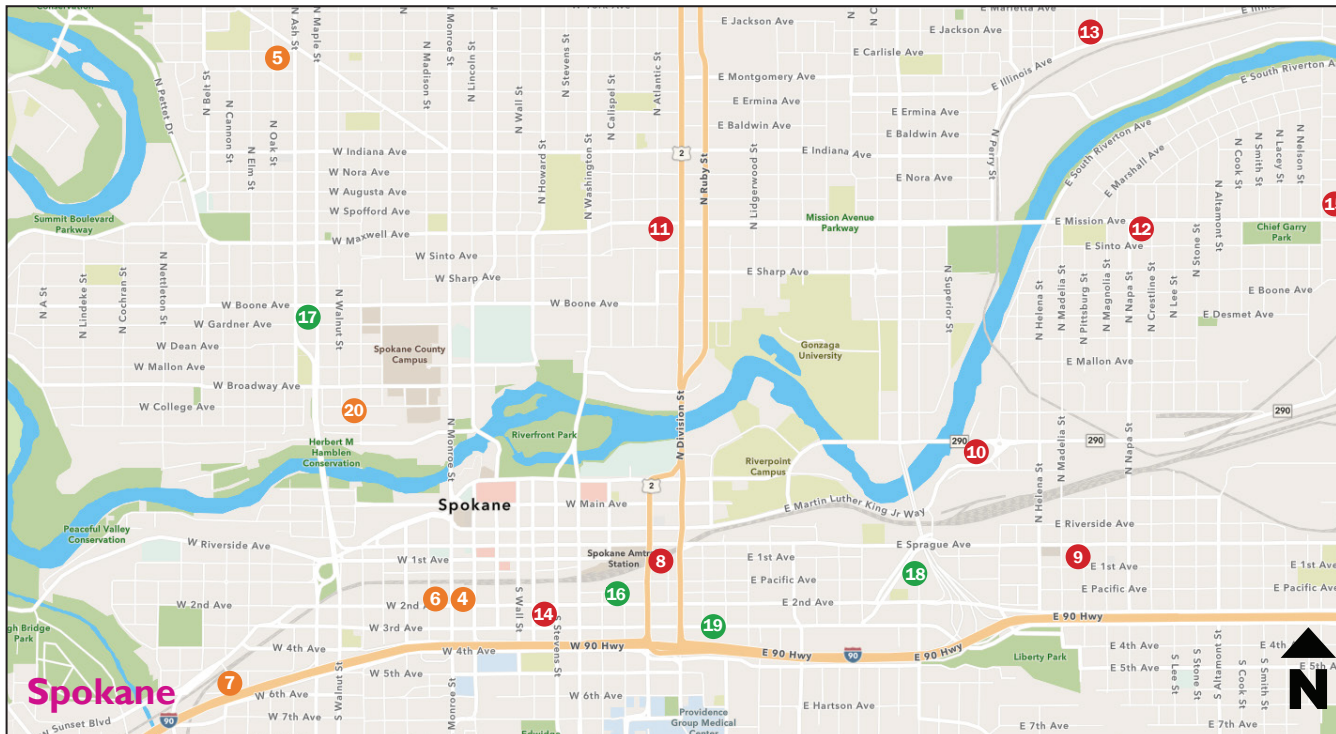
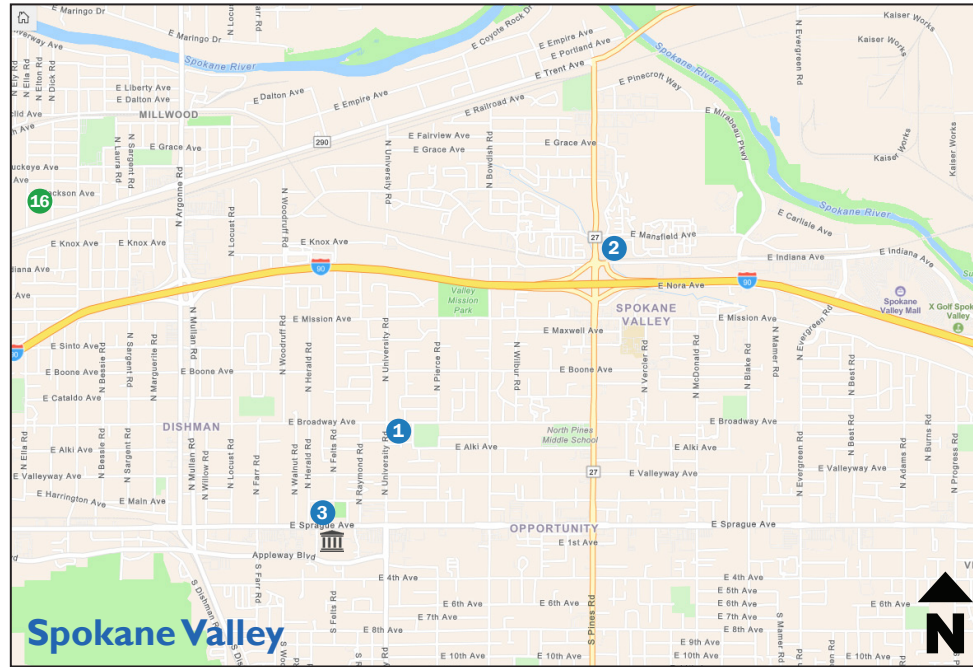
130 S. Arthur St., Spokane: 509-867-8188

Hours: Mon-Fri, 9 a.m.-4:30 p.m.

Partners Inland Northwest
Food and Clothing Bank
10814 E. Broadway Ave.,
Spokane Valley 509-927-1153
Food Bank Hours:
Mon - Fri, 9 a.m.-3 p.m.
Clothing Bank Hours:
Tues - Fri, 10 a.m. - 3 p.m.
Women's Health
Day Drop-In, Women
920 W. Second Ave, Spokane
509-456-4249
Hours:
Mon/Tues/Thurs/Fri, 9 a.m.-3:30 p.m.
Wed, 11 a.m.-3:30 p.m.
Sat, 9 a.m.-3 p.m.
American Indian Community Center
Food Bank, Day Drop-In
1025 W. Indiana, Spokane
509-535-0886
Drop-in hours:
Mon - Fri, 8:30 a.m.-5 p.m.
Food Bank hours:
Tues - Fri, 9 a.m.-Noon & 1-4:30 p.m.

Services in Spokane Valley

- 1 Partners Inland Northwest
Food and Clothing Bank**
10814 E. Broadway Ave., Spokane Valley:
509-927-1153
OPEN
Mon - Fri, 9 a.m.-3 p.m.
Please call for a schedule of mobile food bank hours and locations.
- 2 Spokane Dream Resource Center
Food and Clothing Bank**
2128 N. Pines Rd., Spokane Valley:
509-924-2630
OPEN
Tues - Wed, 12:30 p.m.-3 p.m.
Thurs, 11:30 a.m.-1 p.m.
- 3 Spokane Valley Library**
22 N. Herald Rd., Spokane Valley:
509-893-8400
OPEN
Mon - Thurs, 9 a.m.-8 p.m.
Fri - Sat, 9 a.m.-6 p.m.
Sun, 1 p.m.-5 p.m.



Services in Spokane

DROP-IN CENTERS

- 4 Women's Hearth
Day Drop-In**
- 5 American Indian Community Center
Food Bank, Day Drop-In**
- 6 Cup of Cool Water
Youth and Young Adult Only, Day Drop-In**
- 7 City of Spokane Navigation Center
Daytime access to primary care services**

EMERGENCY SHELTERS

Single Adults/No Kids

- 8 House of Charity
Men Only/Low Barrier**
- 9 Truth Ministries of Spokane
Men Only/Low Barrier**
- 10 Union Gospel Mission
Men Only/High Barrier**
- 11 The Way Out
Men and Women/High Barrier**

EMERGENCY SHELTERS

Families with Minor Kids

- 12 Family Promise of Spokane
Low Barrier**
- 13 Union Gospel Mission
Women and Children Only/High Barrier**
YWCA
Low Barrier
Must call 509-326-2255 for referral to shelter location
Catholic Charities of Eastern WA
Low Barrier
Must call 509-325-5005 for referral to shelter location

EMERGENCY SHELTERS

Youth/Young Adults

- 14 VOA Crosswalk for Teens AGES 12-17
Low Barrier - also a drop-in center**
- 15 VOA Young Adult Shelter AGES 18-24
Low Barrier**

HOMELESS/HOUSING HELP

Coordinated Entry

- 16 SNAP (Spokane Neighborhood Action Partners)**
- 17 DSHS/Community Services
Location on Maple St. and on Trent Ave.**
- 18 Spokane Resource Center**
- 19 Goodwill**
- 20 Our Place Spokane**